



**RTO  
ERO** A better future,  
together  
Ensemble pour  
un avenir meilleur

District 28  
**Region of Durham**



# November 2023

## **November E-Blast**

### **Important Dates:**

November 14: Poetry group meets virtually each month.

November 15: Book group meets virtually each month.

November 16: D28 Hikers- Nonquon wildlife this month

November 21: D28 Council- ETFO office, Whitby, open to everyone.

November 29: Coffee on Us -Ajax, Bowmanville, Oshawa, Port Perry, Uxbridge

November 30: Coffee on Us - Pickering, Whitby

December 1- Dust-Off winter edition published.

December 1- Pre-Christmas Luncheon 11:30 am Scugog Recreation Centre.

[Please register.](#)

## **COFFEE ON US**

District 28 is delighted to welcome Lorraine de Boer as the new Coordinator of Coffee on Us! Thanks for heading up this fun opportunity to gather with friends, Lorraine. Don't forget this month's get togethers on Wednesday, November 29 (Ajax, Bowmanville, Oshawa, Port Perry, Uxbridge) or Thursday, November 30 (Pickering, Whitby). We also have a new cohost, Gail Elliott, in Oshawa. See the [complete schedule](#).

## **WINTER NEWSLETTER**

Keep an eye out for our next edition of the DUSTOFF. Members have been enthusiastically contributing to this edition.

## **RTOERO D-28 Hikers!**

This month on Thursday Nov 16<sup>th</sup> at 10:00 am, we are going to hike in the Nonquon Wildlife Area. So that we will have no conflict with any of the student groups, we are going to meet at the intersection of Old Simcoe Rd and Cragg Rd (11<sup>th</sup> Concession) This is a km north of the Pheasant Pen Classroom. For those who look it up on Google Maps, it is labelled as the "Cragg Trail." To reach the site, travel north on OLD Simcoe Rd from Port Perry, or travel north on # 12 and east from Greenbank. I hope to see you there! Don Farquharson

## **AGE-FRIENDLY UNIVERSITY**

- D28 members should take advantage of some of the great things happening at Ontario Tech University. **BOARDGAME BONANZA** Game nights are scheduled for 4:30 p.m. at our campus pub, 2200 North, located upstairs in the Campus Ice Centre. Come prepared to school our students at your favourite games like Yahtzee, and to learn new games from our creative students. Feel free to bring your games as well. We hope to see you there!!! No registration is required. Upcoming event dates: November 29, January 31, February 21, March 27
- **WOMEN AND MONEY SEMINAR HOSTED BY ONTARIO TECH** Tuesday, November 28 6 pm - Free dinner included. Learn more about: Your Unique Money Challenges. The Top 3 Retirement Mistakes that Women Make, Converting Your Assets to Income You Cannot Outlive, Minimizing Your Taxes & Maximizing Your Charitable Donations. [REGISTER TODAY - LIMITED SPACE AVAILABLE](#)

## DISCOUNTS FOR MEMBERS

- **Member Perks/Venngo** - During our Wine and Cheese, attendees received free swag from Venngo. This organization negotiates discounts for members to save you money. Members just like you have saved money at many local and on-line retailers and companies. Savings are available for travel, electronics, entertainment, fashion, food and drink, pets, and health etc. Sign up for free, and download the app. <https://rto-ero.venngo.com/login>
- **Oshawa Little Theatre** - D28 has negotiated a discount for our members buying tickets at Oshawa Little theatre. Their upcoming show is the family friendly seasonal classic "Elf the Musical," opening Nov 16. The first 300 tickets will have the Box Office fee waived. [Use this link](#) to automatically deduct this fee or enter **PROMO CODE : AF23E**. Please do not share this on social media.

## NEWS FROM OUR FALL FORUM

Membership fees for members of the plan and their spouses will be covered internally by dividends of the investments of RTOERO. Watch for the details from RTOERO Head Office. Non- plan members will need to continue to pay a membership fee to enjoy the benefits of belonging.

RTOERO is once again considering a name change that is more reflective of the changes to the organization. We now have members in every province in Canada and from the broader sectors of education. We are more than teachers. The brand logo will remain the same but watch for member consultations on a new name in the year ahead.

## RESEARCH PARTICIPATION REQUEST

The Exercise Oncology Lab (Golnaz Ghazinour) at the University of Toronto has an exciting study opportunity. They are looking for breast cancer survivors over the age of 65 across Canada to participate in a research study that explores the relationship between sitting time and cognitive functioning in breast cancer survivors and cancer-free, age-matched adults. The research study is completely remote and will be delivered via Zoom. A small stipend is paid to participants.

You can also find information about the study on University of Toronto website: <https://kpe.utoronto.ca/breast-cancer-survivors-needed-research-study>



District 28  
**Region of Durham**

## **IN MEMORIAM**

In the sad event that a member of District 28 dies or loses a loved one, we can share the information and service details with our members through an IN-MEMORIAM mass e-mail. This is only done at the request of, or, if it is a family friend who has notified us, with permission of the family. Contact Sue Nieuwenburg at [district28@rtoero.ca](mailto:district28@rtoero.ca).